

Oṃ

Yó'pāṃ puṣpaṃ vedá | puṣpāvān prajāvān paśumān bhāvati | caṇḍramā vā  
apāṃ puṣpaṃ | puṣpāvān prajāvān puśumān bhāvati | ya evaṃ vedá |  
yó'pāmāyatānaṃ vedá | āyatānavān bhavati | 1

Agnirvā apāmāyatānam | āyatānavān bhavati | yō'gnerāyatānaṃ vedá |  
āyatānavān bhavati | āpo vā agnerāyatānam | āyatānavān bhavati | ya  
evaṃ vedá | yó'pāmāyatānaṃ vedá | āyatānavān bhavati || 2

Vāyurvā apāmāyatānam | āyatānavān bhavati | yo vāyorāyatānaṃ vedá |  
āyatānavān bhavati | āpo vai vāyorāyatānaṃ | āyatānavān bhavati | ya  
evaṃ vedá | yó'pāmāyatānaṃ vedá | āyatānavān bhavati || 3

Asau vai tapānapāmāyatānam | āyatānavān bhavati | yó'muṣya tapāta  
āyatānaṃ vedá | āyatānavān bhavati | āpo vā amuṣya tapāta āyatānam |  
āyatānavān bhavati | ya evaṃ vedá | yó'pāmāyatānaṃ vedá | āyatānavān  
bhavati || 4

Cāndramā vā apāmāyatānam | āyatānavān bhavati | yaścāndramāsa  
āyatānaṃ vedā | āyatānavān bhavati | āpo vai cāndramāsa āyatānam |  
āyatānavān bhavati | ya evaṃ vedā | yó'pāmāyatānaṃ vedā | āyatānavān  
bhavati | 5

Nakṣātrāṇi vā apāmāyatānam | āyatānavān bhavati | yo  
nakṣātrāṇāmāyatānaṃ vedā | āyatānavān bhavati | āpo vai  
nakṣātrāṇāmāyatānam | āyatānavān bhavati | ya evaṃ vedā |  
yópāmāyatānaṃ vedā | āyatānavān bhavati | 6

Parjanya vā apāmāyatānam | āyatānavān bhavati | yaḥ  
parjanyaśyāyatānaṃ vedā | āyatānavān bhavati | āpo vai  
parjanyaśyā'yatānam | āyatānavān bhavati | ya evaṃ vedā |  
yó'pāmāyatānaṃ vedā | āyatānavān bhavati | 7

Saṃvatsāro vā apāmāyatānam | āyatānavān bhavati |  
yassāṃvatsārasyaśyāyatānaṃ vedā | āyatānavān bhavati | āpo vai

sám̐vatsarasyāyatānam | āyatānavān bhavati | ya evaṃ vedā | yō'psu

nāvaṃ pratiṣṭhitāṃ vedā | pratyeva tiṣṭhati || 8

Rājādhīrājāyā prasahyasāhinē | namó vāyaṃ vaiśravaṇāyā kurmahe | sa me

kāmākāmakāmāya mahyaṃ | kāmēśvaro vaiśravaṇo dādātu | kuḅerāyā

vaiśravaṇāyā mahārājāyā namaḥ || 9

Oṃ śāntiḥ śāntiḥ śāntiḥ

return yoga